

# Mountain Writers Series



## The Art of Losing

A Poetry Workshop with John Brehm

Tuesdays, 6:00 – 9:00 PM

March 10 – April 14, 2020

Multnomah Friends Meeting House  
4312 S.E. Stark Street, Portland, OR

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Whether it's the death of a parent, a spouse, a friend, a pet, or a relationship, we are faced with loss again and again in our lives. And now with our increasing awareness of the climate crisis, we are confronted by the extinction of countless species—including, possibly, our own. In this six-week poetry workshop, we'll explore the art of losing, how we can work with such losses in the healing space of a poem to find comfort and consolation, perhaps even redemption and a renewed sense of aliveness in the aftermath of grief. We'll read and discuss poems by W.H. Auden, Elizabeth Bishop, Philip Larkin, Jack Gilbert, Seamus Heaney, Lucille Clifton, Billy Collins, Amy Gerstler, Claudia Emerson, and many others. Half of every session will be devoted to the poems you'll write in response to our readings and weekly prompts. Our text will be *The Art of Losing: Poems of Grief and Healing*, edited by Kevin Young.

- **Meets:** Tuesdays, 6:00 – 9:00 PM, March 10 – April 14, 2020
- **Enrollment:** Minimum 5, Maximum 12.
- **Location:** Multnomah Friends Meeting House, 4312 SE Stark, Portland
- Register securely online through Paypal at [www.mountainwriters.org](http://www.mountainwriters.org)

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John Brehm is the author of three books of poetry: *Sea of Faith*, *Help Is on the Way*, and *No Day at the Beach* (forthcoming in 2020), all from the University of Wisconsin Press. He is the editor of *The Poetry of Impermanence, Mindfulness, and Joy* and the associate editor of *The Oxford Book of American Poetry*. His poems have appeared in *Poetry*, *The Gettysburg Review*, *The Southern Review*, *Plume*, *Gulf Coast*, *New Ohio Review*, *The Writer's Almanac*, *Best American Poetry*, and many other journals and anthologies. He lives in Portland.



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